	Lift & bend		No lift & bend		Odds Ratio		Odds Ratio	Risk of Bias
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% CI	A
1.3.1 Case Control st	tudies							
Seidler 2003	10	20	23	79	6.9%	2.43 [0.89, 6.63]		•
Seidler 2009 Subtotal (95% CI)	234	465 485	125	479 558	93.1% 100.0%	2.87 [2.18, 3.77] 2.84 [2.18, 3.69]		•
Total events 244 148 Heterogeneity: Tau ² = 0.00; Chi ² = 0.10, df = 1 (P = 0.76); I ² = 0% Test for overall effect: Z = 7.75 (P < 0.00001)								
Test for subgroup diffe	erences: N	ot appli	cable				0.1 0.2 0.5 1 2 5 Favours Lift & Bend Favours No Lift &	10 No Bend

Risk of bias legend

(A) Risk of Bias

Figure e-6 Risk of LRS due to lifting and bending of the trunk based on low risk of bias studies (green dot +)